

# PRIMILITY

## Decision & Action Worksheet

For reference, this worksheet is discussed in [Primility Primer 093](#).

### OBJECTIVE

Mandatory: What is the general direction you want to move toward?

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Suggested: What is your specific destination or goal (if known)?

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### MOTIVATION

1. How this objective will benefit you?

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2. Who else will benefit by you achieving this objective (and why)?

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Which of those two questions was easier to answer?    1    2

*Make your next decision a better one.*

# PRIMILITY

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### EMOTION

How do your objective and motivation make you feel? Without judgment or censor, list the first five words that pop into your head:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Take each of those five words and place them where *you* think they belong in the table below (you **must** pick one side or the other).

<u>PRIDE</u>	<u>HUMILITY</u>

Which side has more? \_\_\_\_\_ Which side has less? \_\_\_\_\_

To pursue balance, your next decision will be driven by (circle one):

pride

humility

*Make your next decision a better one.*

### NEXT DECISION

Driven in this moment by my pride / humility, I have decided that I will:

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The immediate action I can take that will make this decision matter is:

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A future action I can plan right now to ensure meaningful progress is:

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The benefits of respecting my decision and taking these actions are:

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The consequences of inaction are:

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***I will now go take my immediate action described above.***

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**Signature**

***Make your next decision a better one.***